

Vedic Chants

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3-5 Years

(Sri Brahma-saṁhitā)

īśvaraḥ paramaḥ kṛṣṇaḥ
sac-cid-ānanda-vigrahaḥ
anādir ādir govindaḥ
sarva-kāraṇa-kāraṇam

(Mahabhārata: Ādi Parva)

nārāyaṇam namaskṛtya
naram caiva narottamam
devīm sarasvatīm vyāsam
tato jayam udīrayet

(Śrī Īsopaniṣad)

om̐ pūrṇam adaḥ pūrṇam idaṁ
pūrṇāt pūrṇam udacyate
pūrṇasya pūrṇam ādāya
pūrṇam evāvaśiṣyate

(Sri Krishna Pranama Mantra)

he kṛṣṇa karuṇā-sindho dīna-bandho
jagat-pate
gopeśa gopikā-kānta rādhā-kānta namo 'stu te

(Bhāgavata Purāṇa)

kṛṣṇāya vāsudevāya
devakī-nandanāya ca
nanda-gopa-kumārāya
govindāya namo namaḥ

(Prayers to Mother Earth)

samudravasane devi
parvata stana maṇḍale
viṣṇupatni namastubhyaṁ
pādasparśam kṣamasvame

6-8 Years

(Gautamīya Tantra)

om ajñāna-timirāndhasya
jñānāñjana-śalākayā
chakṣur unmīlitaṁ yena
tasmai śrī-gurave namaḥ

(Maha Mrityunjaya Mantra)

om tryambakaṁ yajāmahe
sugandhiṁ puṣṭivardhanam
urvāru kamiva bandhanān
mṛtyormukṣīya māmṛtāt

(Viṣṇu Purāṇa)

namo brahmaṇya-devāya
go-brāhmaṇa-hitāya ca
jagad-dhitāya kṛṣṇāya
govindāya namo namaḥ

(Prayers while cooking)

annapūrṇe sadāpūrṇe
śankara prāṇavallabhe
jñāna vairāgya sidhyartham
bhikṣāṁ dehica pārvati

6-8 Years

(Bhāgavata Purāṇa)

kr̥te yad dhyāyato viṣṇuṁ
tretāyāṁ yajato makhaiḥ
dvāpare paricaryāyāṁ
kalau tad dhari-kīrtanāt

(Viṣṇu Sahasranāma)

śāntākāram bhujagaśayānam
padmanābhaṁ sureśam
viśvadhāram gaganasadṛśam megha
varnam śubhāngam |
lakṣmīkāntaṁ kamala nayanam
yogibhirdhyānagamyam
vande viṣṇuṁ bhavabhayaharam
sarvalokaika nātham ||

9-11 Years

(Bhāgavata Purāṇa - Prayers of Prahlad Maharaj)

śrī-prahrāda uvāca
śravaṇaṁ kīrtanaṁ viṣṇoḥ
smaraṇaṁ pāda-sevanam
arcanaṁ vandanaṁ dāsyam
sakhyam ātma-nivedanam

(Padma Purāṇa, Brahmāṇḍa Purāṇa)

rāma rāmeti rāmeti
rame rāme manorame
sahasra-nāmbhis tulyam
rāma-nāma varānane
sahasra-nāmnām puṇyānām
trir-āvṛṭṭyā tu yat phalam
ekāvṛṭṭyā tu kṛṣṇasya
nāmaikam tat prayacchati

9-11 Years

(Bhāgavata Purāṇa - Prayers of Queen Kunti)

śrī-kṛṣṇa kṛṣṇa-sakha vṛṣṇy-ṛṣabhāvani-dhruḡ |
rājanya-vaṁśa-dahanānapavarga-vīrya||
govinda go-dvija-surārṭi-harāvatāra|
yogeśvarākhila-guro bhagavan namas te||

(Bhāgavata Purāṇa)

harer nāma harer nāma
harer nāmaiva kevalam
kalau nāsty eva nāsty eva
nāsty eva gatir anyathā
kaler doṣa-nidhe rājann
asti hy eko mahān guṇaḥ
kīrtanād eva kṛṣṇasya
mukta-saṅgaḥ paraṁ vrajet

(Śrī Caitanya-caritāmṛta)

dīvyad-vṛndāraṇya-kalpa-drumādhaḥ
śrīmad-ratnāgāra-sirṁhāsana-sthau
śrīmad-rādhā-śrīla-govinda-devau
preṣṭhālībhiḥ sevyamānau smarāmi

(Bhāgavata Purāṇa - Prayers of Gajendra)

namo namas te 'khila-kāraṇāya
niṣkāraṇāyādbhuta-kāraṇāya
sarvāgamāmnāya-mahārṇavāya
namo 'pavargāya parāyaṇāya